



# NUTRITION INFORMATION

PLEASE NOTE: All evaluations are calculated as they are published on the menus. All tacos are calculated less 1 oz. of choice salsa. In addition, flour tortilla denotes one (1) flour tortilla, whereas corn tortilla denotes two (2) tortillas per serving size. GC = Gluten Conscious specific menu item

## % DAILY VALUE

### BREAKFAST TACOS

	CALORIES (G)	CALORIES/FAT (G)	TOTAL FAT (G)	SATURATED FAT (G)	CHOLESTEROL (MG)	TRANS FAT (G)	SODIUM (MG)	TOTAL CARBS (G)	SUGARS (G)	DIETARY FIBER (G)	PROTEIN (G)	VITAMIN A	VITAMIN C	CALCIUM	IRON
#1 BACON, EGG & CHEESE ON CORN - NO SAUCE (GC)	425	225	25	9	289	0	841	26	1	0	23	4	0	14	9
#1 BACON, EGG & CHEESE ON FLOUR - NO SAUCE	405	243	27	9	289	0	1,021	16	2	0	24	4	0	14	9
#2 POTATO, EGG & CHEESE ON CORN - NO SAUCE (GC)	354	153	17	6	265	0	411	36	2	1	16	4	7	14	8
#2 POTATO, EGG & CHEESE ON FLOUR - NO SAUCE	334	171	19	6	265	0	591	26	3	1	17	4	7	14	8
#3 CHORIZO, EGG & CHEESE ON CORN - NO SAUCE (GC)	385	207	23	9	282	0	568	27	1	0	19	22	0	15	9
#3 CHORIZO, EGG & CHEESE ON FLOUR - NO SAUCE	365	225	25	9	282	0	748	17	2	0	20	22	0	15	9
#4 JALAPEÑO SAUSAGE, EGG & CHEESE ON CORN - NO SAUCE	380	198	22	9	282	0	533	26	1	0	19	3	0	16	8
#4 JALAPEÑO SAUSAGE, EGG & CHEESE ON FLOUR - NO SAUCE	360	216	24	9	282	0	713	16	2	0	20	3	0	16	8
MIGAS ON CORN WITH TOMATILLO SAUCE (GC)	384	180	20	7	280	0	656	35	3	2	17	10	22	16	13
MIGAS ON FLOUR WITH TOMATILLO SAUCE	364	198	22	7	280	0	839	25	4	2	18	10	22	16	13
RANCH HAND ON CORN WITH DIABLO SAUCE (GC)	441	243	27	9	290	0	581	27	2	0	23	6	5	15	13
RANCH HAND ON FLOUR WITH DIABLO SAUCE	421	261	29	9	290	0	761	17	3	0	24	6	5	15	13
THE WRANGLER ON CORN WITH TOMATILLO SAUCE (GC)	487	234	26	10	299	1	796	37	2	1	26	3	13	15	13
THE WRANGLER ON FLOUR WITH TOMATILLO SAUCE	467	252	28	10	299	1	976	27	3	1	27	3	13	15	13

### DAMN GOOD TACOS

	CALORIES (G)	CALORIES/FAT (G)	TOTAL FAT (G)	SATURATED FAT (G)	CHOLESTEROL (MG)	TRANS FAT (G)	SODIUM (MG)	TOTAL CARBS (G)	SUGARS (G)	DIETARY FIBER (G)	PROTEIN (G)	VITAMIN A	VITAMIN C	CALCIUM	IRON
BAJA SHRIMP ON CORN WITH CHIPOTLE SAUCE	433	270	30	5	101	0	740	34	3	1	12	47	15	7	9
BAJA SHRIMP ON FLOUR WITH CHIPOTLE SAUCE	413	288	32	5	101	0	917	24	4	1	13	47	15	7	9
BAJA SHRIMP GRILLED ON CORN WITH CHIPOTLE SAUCE (GC)	412	261	29	5	86	0	548	30	3	1	11	46	15	7	8
BEEF FAJITA ON CORN WITH ROJA SAUCE (GC)	406	216	24	8	59	1	495	30	3	1	20	26	36	11	10
BEEF FAJITA ON FLOUR WITH ROJA SAUCE	386	234	26	8	59	1	675	20	4	1	21	26	36	11	9
BRUSHFIRE ON CORN WITH DIABLO SAUCE	301	81	9	2	67	0	696	33	6	1	21	18	42	2	5
BRUSHFIRE ON FLOUR WITH DIABLO SAUCE	281	108	12	2	67	0	876	23	7	1	22	18	42	2	5
CHICKEN FAJITA ON CORN WITH TOMATILLO SAUCE (GC)	353	153	17	5	65	0	433	30	3	1	21	22	37	11	5
CHICKEN FAJITA ON FLOUR WITH TOMATILLO SAUCE	333	171	19	5	65	0	613	20	4	1	23	22	37	11	5
CROSSROADS ON CORN WITH TOMATILLO SAUCE (GC)	353	189	21	7	47	1	621	27	1	1	16	9	9	1	7
CROSSROADS ON FLOUR WITH TOMATILLO SAUCE	335	207	23	7	47	1	800	17	2	1	17	9	9	1	7
DEMOCRAT ON CORN WITH TOMATILLO SAUCE (GC)	198	45	5	2	12	0	748	31	1	2	7	24	19	5	6
DEMOCRAT ON FLOUR WITH TOMATILLO SAUCE	178	63	7	2	13	0	928	21	2	2	8	24	19	5	6
FRIED AVOCADO ON CORN WITH POBLANO SAUCE	387	171	19	6	39	0	559	45	3	5	12	13	13	15	8
FRIED AVOCADO ON FLOUR WITH POBLANO SAUCE	367	189	21	6	40	0	739	35	4	5	13	13	13	15	8
FRESH AVOCADO ON CORN WITH POBLANO SAUCE (GC)	367	162	18	5	27	0	449	42	3	5	11	13	13	15	7
GREEN CHILE PORK ON CORN WITH TOMATILLO SAUCE (GC)	264	81	9	3	32	0	605	40	4	2	11	5	20	6	6
GREEN CHILE PORK ON FLOUR WITH TOMATILLO SAUCE	244	99	11	3	32	0	786	24	4	2	13	5	20	6	6
MR. ORANGE ON CORN WITH AVOCADO SAUCE	272	81	9	3	6	0	677	33	2	2	15	8	14	6	5
MR. ORANGE ON FLOUR WITH AVOCADO SAUCE	252	108	12	3	5	0	857	23	3	2	16	8	14	6	5
REPUBLICAN ON CORN WITH POBLANO SAUCE	545	342	38	14	87	0	952	30	2	1	21	9	9	20	7
REPUBLICAN ON FLOUR WITH POBLANO SAUCE	525	360	40	14	87	0	1161	20	3	1	22	9	9	20	7
TRAILER PARK ON CORN WITH POBLANO SAUCE	348	153	17	5	72	0	595	32	2	1	17	12	17	4	5
TRAILER PARK ON FLOUR WITH POBLANO SAUCE	328	171	19	5	72	0	775	22	3	1	18	12	17	14	5
TRAILER PARK TRASHY ON CORN WITH POBLANO SAUCE	402	189	21	8	87	0	832	33	3	1	19	13	20	19	5
TRAILER PARK TRASHY ON FLOUR WITH POBLANO SAUCE	382	207	23	8	87	0	1012	23	4	1	20	13	20	19	5

### NOT A TACO

	CALORIES (G)	CALORIES/FAT (G)	TOTAL FAT (G)	SATURATED FAT (G)	CHOLESTEROL (MG)	TRANS FAT (G)	SODIUM (MG)	TOTAL CARBS (G)	SUGARS (G)	DIETARY FIBER (G)	PROTEIN (G)	VITAMIN A	VITAMIN C	CALCIUM	IRON
AIRSTREAM SALAD - NO PROTEIN (GC)	676	522	58	9	18	0	1,342	33	14	8	12	68	42	17	20
AIRSTREAM SALAD WITH CHICKEN (GC)	790	567	63	10	74	0	1,423	34	14	8	28	69	43	18	21
AIRSTREAM SALAD WITH SALMON	885	639	71	12	18	0	2,004	36	15	8	33	68	42	20	25
AIRSTREAM SALAD - NO CHAMPAGNE VINAIGRETTE OR CHIPOTLE SAUCE (GC)	339	180	20	4	9	0	924	32	14	7	12	67	41	17	18

### SIDES / DEVILISHLY SWEET

	CALORIES (G)	CALORIES/FAT (G)	TOTAL FAT (G)	SATURATED FAT (G)	CHOLESTEROL (MG)	TRANS FAT (G)	SODIUM (MG)	TOTAL CARBS (G)	SUGARS (G)	DIETARY FIBER (G)	PROTEIN (G)	VITAMIN A	VITAMIN C	CALCIUM	IRON
GRANDE BURRITO WITH BEEF	1,149	513	57	23	126	1	2098	108	10	18	53	51	37	53	53
GRANDE BURRITO WITH CHICKEN	1,091	441	49	20	132	1	2082	108	10	18	54	52	37	53	47
GRANDE BURRITO WITH PORK	1,084	468	52	22	113	1	2653	110	10	18	47	52	41	54	49
GRANDE BURRITO WITH VEGGIES	985	387	43	19	76	1	1987	113	12	20	38	71	103	54	47
JUAN'S REFRIED BEANS - 8 OZ. (GC)	572	72	8	3	14	0	1167	92	6	21	33	23	20	23	39
LIL' NOOKIES - 13	2,820	558	62	30	240	0	4041	537	154	21	45	35	20	7	147
LIL' NOOKIES - 3	687	126	14	7	58	0	993	131	38	5	11	34	20	7	147
STREET CORN - 8 OZ. (GC)	433	234	26	5	27	0	2358	51	10	7	10	27	18	8	9
TORCHY'S MEXICAN RICE - 8 OZ. (GC)	241	27	3	0	0	0	527	48	4	2	5	1	25	5	13

### CHIPS + DIPS

	CALORIES (G)	CALORIES/FAT (G)	TOTAL FAT (G)	SATURATED FAT (G)	CHOLESTEROL (MG)	TRANS FAT (G)	SODIUM (MG)	TOTAL CARBS (G)	SUGARS (G)	DIETARY FIBER (G)	PROTEIN (G)	VITAMIN A	VITAMIN C	CALCIUM	IRON
AVOCADO SAUCE & CHIPS - 8 OZ. (GC)	301	153	17	1	0	0	1,114	38	5	7	5	13	67	2	6
CHIPOTLE SAUCE & CHIPS - 8 OZ. (GC)	1,617	1,485	165	22	144	0	1,577	27	3	0	5	11	5	6	5
DIABLO SAUCE & CHIPS - 8 OZ. (GC)	509	378	42	4	0	0	1,440	28	0	0	2	16	32	0	16
GREEN CHILE QUESO & CHIPS - 8 OZ. (GC)	638	405	45	23	114	0	2,070	32	7	2	21	23	39	43	3
GUACAMOLE & CHIPS - 8 OZ. (GC)	427	297	33	4	1	0	749	23	2	11	6	5	31	3	9
HILLBILLY QUESO & CHIPS - 8 OZ. (GC)	721	477	53	26	132	0	2,293	32	7	2	25	23	31	43	6
PICO DE GALLO & CHIPS - 8 OZ. (GC)	200	63	7	0	0	0	710	32	6	3	4	32	35	2	4
POBLANO SAUCE & CHIPS - 8 OZ. (GC)	869	702	78	12	80	0	680	36	6	0	2	0	16	16	0
ROJA SAUCE & CHIPS - 8 OZ. (GC)	214	72	8	0	0	0	869	33	6	3	5	36	38	2	4
TOMATILLO SAUCE & CHIPS - 8OZ. (GC)	189	54	6	0	0	0	480	28	1	0	2	0	48	0	16

% DAILY VALUE

SAUCES

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include AVOCADO SAUCE - 1 OZ., CHIPOTLE SAUCE - 1 OZ., DIABLO SAUCE - 1 OZ., POBLANO SAUCE - 1 OZ., ROJA SAUCE - 1 OZ., TOMATILLO SAUCE - 1 OZ.

FOUNTAIN DRINKS

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include BARQ'S ROOT BEER, COKE, DIET COKE, DR. PEPPER, FANTA ORANGE, FUZE ICED TEA, HI-C FRUIT PUNCH, ICED TEA - SWEET, ICED TEA - UNSWEET, MINUTE MAID LEMONADE, MINUTE MAID LIMEADE, SPRITE, VANILLA CREAM SODA, TORCHY'S PUCKER UP PUNCH.

BOTTLED BEVERAGES

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include COKE - 20 OZ., DASANI WATER - 16.9 OZ., DIET COKE - 20 OZ., DIET DR. PEPPER - 20 OZ., DR. PEPPER - 20 OZ., JARRITOS GRAPEFRUIT - 12.5 OZ., JARRITOS MANDARIN - 12.5 OZ., JARRITOS PINEAPPLE - 12.5 OZ., HONEST KIDS APPLE JUICE - 6 OZ., MEXICAN COKE - 12 OZ., MILK, RED BULL, RED BULL - SUGAR FREE, SIMPLY LEMONADE, SIMPLY ORANGE JUICE - 11.5 OZ., SIMPLY RASPBERRY LEMONADE - 16 OZ., SMARTWATER, SPRITE - 20 OZ., TOPO CHICO.

SECRET MENU

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include GREEN CHILE PORK MISSIONARY STYLE, MATADOR, NAUGHTY SANTA, TRAILER PARK HILLBILLY STYLE.

KIDS MENU

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include BEAN & CHEESE TACO ON CORN, BEAN & CHEESE TACO ON FLOUR, BEEF TACO ON CORN, BEEF TACO ON FLOUR, CHEESE QUESADILLA, CHICKEN QUESADILLA, FRIED CHICKEN TACO ON CORN, FRIED CHICKEN TACO ON FLOUR, GRILLED CHICKEN TACO ON CORN, GRILLED CHICKEN TACO ON FLOUR, LITTLE WRECKER WITH 2 CHICKEN & 2 AVOCADO, LITTLE WRECKER WITH 3 CHICKEN, LITTLE WRECKER WITH 4 AVOCADO.

DAMN GOOD DRINKS

Table with 16 columns: Item, CALORIES (G), CALORIES/FAT (G), TOTAL FAT (G), SATURATED FAT (G), CHOLESTEROL (MG), TRANS FAT (G), SODIUM (MG), TOTAL CARBS (G), SUGARS (G), DIETARY FIBER (G), PROTEIN (G), VITAMIN A, VITAMIN C, CALCIUM, IRON. Rows include BLOODY MARY, DAMN GOOD HURRICANE, HOT & BOTHERED, HOUSE FROZEN MARGARITA - REGULAR, HOUSE FROZEN MARGARITA - SMALL, HOUSE ROCKS MARGARITA - REGULAR, HOUSE ROCKS MARGARITA - SMALL, KEEPIN' IT 100, MIMOSA, THE PEG LEG, PERFECTED PATRON, SANDIA RITA, SANGRIA, SUCKER PUNCH, TITO'S CHERRY LIMEADE, TORCHY'S PALOMA, TORCHY'S TINI.

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